

HOSPICE ORIENTATION AND TRAINING
EMOTIONAL ISSUES ON DEATH AND DYING
WORKSHEET

Think back to your first experience with death. Briefly write down what you remember. Include who died and how you found out.

If you could choose, how would you choose to die?

List three roles in your life that define who you are. (father, daughter, friend, nurse, brother etc.)

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Name three important people in your life.

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Name three important possessions in your life.

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List three of your favorite activities.

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List three items of finished business in your life. (no more school, babies, etc.)

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List three items of unfinished business in your life.

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Name three things that you want to do before you die.

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Name three things that you will fondly be remembered for.

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*Yesterday is history
Tomorrow a mystery
Today is a gift
That's why we call it
The Present*